

Subject : Physical Education DSC/GE Paper 1
Paper 1 : 4th Semester January-June 2020-2021
Topic: Health Education, Test, Measurement & Evaluation in Physical Education

Topic	No. Of Classes	Jan	Feb	March	April	May	June
Introduction of Health	18	6	6	6			
Health and First-aid Management	18	6	6	6			
Introduction Test, Measurement & Evaluation	12		6	6			
Measurements of Body Compositions and Somatotype Assessment	18		6	6	6		
PRACTICAL							
Fitness Test	30		5	5	10	10	
Sports Skill Test	30	5	5	5	5	10	
Paper 2 : 4th Semester (SEC)							
Gymnastics	20	2	3	5	5	5	
Yoga	40		5	5	10	10	10